

SPORTS & HOBBIES

B1 Expressions

I'm really into (football/painting/etc.).

I play (tennis) every weekend.

I enjoy (hiking) because it's fun and relaxing.

I like trying new hobbies in my free time.

I think sports are important for staying healthy.

B2 Expressions

One of my biggest passions is (surfing/playing the guitar/etc.).

I took up (running) last year, and I love it.

Doing sports helps me clear my mind and reduce stress.

I prefer individual sports like (swimming) because they allow me to focus on myself.

Playing a sport regularly requires commitment and discipline.

EATING OUT & HOMEMADE FOOD

B1 Expressions

I love eating out because I can try new dishes.

My favorite type of food is (Italian/Chinese/etc.).

I usually cook at home because it's healthier.

I enjoy going to restaurants with my friends.

Fast food is tasty, but it's not very healthy.

B2 Expressions

I'm a big fan of trying different cuisines from around the world.

Cooking at home allows me to experiment with new recipes.

I prefer homemade food because I know exactly what ingredients I'm using.

When I eat out, I look for restaurants that serve high-quality food.

A good meal can be a great way to bring people together.

TRAVEL & FUTURE PLANS

B1 Expressions

I'd love to visit (country/city) one day.

Traveling is exciting because you learn about new cultures.

I prefer going on holiday in the summer.

I usually travel by (plane/car/train).

In the future, I hope to visit more countries.

B2 Expressions

Traveling allows me to broaden my horizons and meet new people.

I enjoy exploring off-the-beaten-path destinations.

Planning a trip in advance helps save money and avoid stress.

One of my dreams is to take a gap year and travel around the world.

I believe that experiencing different cultures makes you more open-minded.

BOOKS & MOVIES

B1 Expressions

I love reading because it's relaxing.

My favorite book is (title) because it's interesting.

I enjoy watching action movies.

I go to the cinema once a month.

The last movie I watched was (title), and I liked it a lot.

B2 Expressions

A good book can transport you to another world.

I prefer books with complex characters and deep stories.

Watching movies is a great way to unwind after a long day.

I enjoy analyzing the cinematography and storytelling in films.

Some movies are thought-provoking and make you reflect on life.

ENVIRONMENT & SOCIAL MEDIA

B1 Expressions

We should recycle to help the environment.

I spend a lot of time on social media.

Nature is beautiful, and we must protect it.

I try to reduce my plastic use.

Social media helps me stay in touch with friends.

B2 Expressions

If we don't take action now, climate change will have serious consequences.

I try to be eco-friendly by using less plastic and saving water.

Social media is a powerful tool, but it can also be addictive.

I think we need to find a balance between online and offline life.

Raising awareness about environmental issues is crucial for our future.

DAILY ROUTINE & WORK

B1 Expressions

I wake up early and go to work/school.

I usually have a busy day.

I take a break in the afternoon.

I go to bed around 11 PM.

I enjoy my job because it's interesting.

B2 Expressions

My routine varies depending on the day.

I try to be productive by organizing my time well.

Work-life balance is very important to me.

I prefer jobs that allow me to be creative.

I believe time management is key to success.